Classic ride above the clouds

Yes, it was gray this morning, gray and dark and cold-looking as I got up at 7:05am and looked for leg warmers & a base layer and made sure my flashing tail light was working. I also got together some paper towels to wipe my chain down with after saturating it with a bunch of Rock N Roll Gold lube, the best stuff you can lube a chain with, 'cuz if you're too lazy or don't have the time to actually clean it now & then, you just dump a bunch of this stuff on it and wipe off the excess. Good stuff.

Ludo, John, Marcos & Kevin (pilot Kevin) along for the ride this morning, a merciful pace up Kings that would have given me little trouble if not for the fog and coolness that brought my wheezing lungs out. Still, it felt like I had a little bit of power this morning, a good thing as we head into the days of cooler temps & wet roads.

I also figured out a way to attach my ContourHD video camera to my handlebars and get a halfway-decent recording of the ride! There's lots I still have to figure out, plus my riding style, which gets me up on the pedals (standing) a lot more than most, causes a lot of rocking in the images. Don, at our Redwood City store, thinks he can come up with a miniature gyro stabilizer that might help things.

As soon as I can figure out how to edit things I'll post a few clips here, but long term the plan is to create a series of videos showing the various rides in the area. In the meantime, without video proof, you'll have to accept my word for it that we came out of the fog about a third of the way up Kings and finished in a bit over 28 minutes, with Ludo just behind. Skyline was beautiful, as was the last half of the climb up west-side Old LaHonda. It would have been a great day for my regular camera, but I figured it should be enough bringing the video camera along. Film, as they say, at eleven!