Who does the better job fixing a flat?

Two videos from cyclists famous for their exploits in France, showing us how to fix a flat.

The one thing I note both have in common? Instead of using the pump to put a bit of air into the tube prior to installation (like a normal person would do), each of them blows it up by mouth. Might be a joke here about hot air. You can tell that both know what they're doing, although LeMond looks a bit rushed, probably because they were trying for a sillier approach.