

## A successful send-off ride for Kevin before heading to France



Looks like everything is finally coming together, almost literally at the last minute, before heading to France. Kevin had some issues heading up Kings, as one of his meds was causing some balance issue (he actually had to stop twice on the way up!), making me wonder if this was going to be yet-another shortened Tuesday/Thursday-morning ride for him. JR and Eric were waiting for us at the top, probably wondering if Kevin was ever going to get back to his old self again. Fortunately, Kevin had no knee issues, despite it being a bit cooler than expected (46 degrees up on Skyline... this is summer?).

Better yet, I started feeling like I had legs that wanted to go places once we got to West Old LaHonda. That hasn't been the case for quite a while; this is also a good thing with France coming up!

Tomorrow afternoon our adventure begins, flying to Paris, then taking a train to Lourdes. We'll arrive at our hotel about 8pm and have to get settled in, build the bikes, eat and sleep and somehow feel like getting up at 6am the next morning to catch a 6:26am train that will take us within reach of the Col d'Aspin. Talk about hitting the ground running! --Mike--