

## Feeling a bit unsettled?

Warm one weekend, cold(er) the next. Not that long ago no leg warmers, no base layers. This morning it was base layer, leg warmers and long-fingered gloves. Looks like mid-80s for the weekend. Next Wednesday and Friday show showers in the forecast.

The only thing more uneven than the weather has been how I've been feeling on rides, and I'm pretty sure they're related. Doesn't really matter; I enjoy riding even on the "bad" days. It's one of those few things you can count on; it might not feel great when climbing Kings and others are riding away from you, but once you get on top it's all good, the tough part behind, good times ahead. And when you get back and suddenly feel pretty darned hungry, well, you've got good reason to feel that way.

But I miss Summer. Already.