

Am I ready for Mt. Hamilton?



The last Tuesday-Thursday morning ride of the year, following JR, Kevin and Marcus up Kings Mtn. Would it be so bad, for the new year, to have a wish for "selective" global warming? Make it just a little bit nicer riding through Woodside by borrowing some heat from a place that has too much? The past year hasn't been too kind to my cycling abilities, but everything starts anew this Sunday right? And it starts out with a bang, as Kevin and I do our annual Mt. Hamilton gig. If things go according to plan, we'll be taking the #422 Caltrain, which arrives in San Jose at 9:53am. It's not quite the last stop; 7 minutes later it heads just a bit further south to the Tamien station, so if you're planning to ride up the hill as well, don't fall asleep!

It takes about 35 minutes from the train station to the base of the climb, so figure we'll start riding up at about 10:40 or so. We'll be at the top a bit after 12:30.

It takes almost exactly an hour to descend Mt. Hamilton to the base (Alum Rock), and another half hour to get back to the train station. Trains leave every hour, on the hour, so if we leave by 12:50 we can make it to the 2pm train for our return. This plan is highly susceptible to change based on my speed up the hill! If today's ride is any indication, it's not likely to be as fast as previous climbs up the hill.

Anyway, below is the Strava info from last year's ride, if you want to get an idea of pacing. Temps are forecast as basically cold, so bring extra layers to put on for the cold trip back down the mountain!