

15 days w/o rain in forecast! Damp this morning, but nice. Looking forward to the future!



I'm hopeful this is the last time I see damp roads for a while! This morning was the first time I've climbed Kings in a while feeling that maybe things were improving. Riding up through the park, I was able to set the pace with the two Kevins up to the park exit, and, well, that was about it... I watched as the two Kevins gradually rode away. But I felt like I could hold a consistent pace, and I didn't come to a grinding halt on the steeper sections. And sure, I watched as Kevin (pilot) get ditched by Kevin (my son), and maybe I made up just a little bit of ground on Kevin (pilot) before the top. It was my fastest time through the park this year and maybe some of it was simply from seeing the sun above.

And when I got home, the scale was friendlier too, showing a weight I haven't seen in quite a few months. Hope springs eternal this spring.