

## Cold yes, but dry! And legs felt better. Nice ride.

The usual West Old LaHonda feature, this morning showing myself and Kevin; Karen had headed back earlier to get to work. Since it's a Thursday we rode up through the park, and for the first time in a while, I didn't totally suck. Still no lungs, but the legs felt like they wanted to work. Will be interesting to see how things feel on Sunday.

And yeah, I miss those two really warm weeks we had early February!