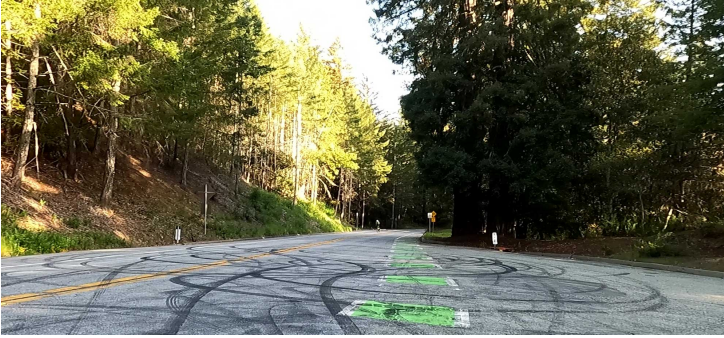


This would have been a bad ride to not make it onto Strava



One of those rare days I got ahead of Kevin & Kevin and had to wait on the way up Kings

It sure was a different version of me this morning than it was Sunday! The ride didn't start out on a good note, as my Garmin apparently self-discharged overnight, causing it to die just past the driveway. I should have started Strava on the phone right then, but waited until getting to the official start of the ride. And then, instead of using the Strava phone app, I tried using the iWatch app, since it's easier to get to. But as I got into the ride, I found myself wondering if it was really working. Would have been a shame if it didn't, because it turned out to be a pretty good day for me on the hill.

Don't know why, but my legs were there. I was able to push the pace a bit, get up to the park entrance and circle around to wait for K & K. I was worried a bit that I'd blow up and get dropped (it's happened before), but... not today. At the wide-open clearing I'd gotten a pretty big gap again, literally having to make a large slow circle until younger Kevin caught up. We rode "casual" for a bit until the other Kevin (ex-pilot) caught up, then I'd go off the front again, wait again, etc. It felt like, maybe, I could have gotten under 30 minutes if I wasn't playing around, although it could be that a sustained effort would have found my lungs going out on me.

Oh, the Strava thing. For some reason the ride didn't upload until this evening, leaving me to wonder if I had this pretty decent ride, but according to Strava, it didn't exist. That would have been bad.