

Seems to be my new solo go-to Sunday ride

Back in the day, a Sunday ride wasn't a Sunday ride if it didn't head out to the coast, preferably Pescadero, then back via Tunitas. But when riding solo, which I've been doing quite a bit lately while Kevin (my son, not the ex-pilot) is trying to heal his knee, I prefer staying on "this" side of the hill (the bay side). Somehow that became an extension of the Los Altos loop, heading up Stevens Canyon and over Mt Eden, then going through the maze back to Los Altos, with food & coffee at Peets, before heading home.

No big climbs yet somehow it ends up with just over 3000 ft of elevation gain. Lots of opportunities to ramp up a bit of power on the rollers but hard to really exhaust yourself, particularly in my case, where I need to stand to maintain power.

<https://www.strava.com/activities/12761242553>