

## Really do need more rides to the coast, but easier to stay on this side when it's not warm

Yet another 54 mile loop staying entirely on the bay side of the hill, changing things up just a tiny bit by riding the far-end loop in reverse. Instead of heading out Stevens Creek Canyon and up Mt Eden from that side, I tried riding that loop in the opposite direction.

I wondered if I'd be able to make all the right turns through the maze section, going in reverse, but found that wasn't an issue at all. Maybe back in the day, when I was quite a bit faster, it could have been an issue, but at the speeds I currently ride, not much problem... I get to spend a lot more time noticing the surroundings.

Kevin (kid) still not with me so yet another solo ride. He's in a no-pedal mode for the next few weeks, while his knee heals up after having a platelet injection treatment. His commuting from home (in Foster City) to work (in Redwood City) now requires use of a dreaded, shame-inducing Class 2 ebike. Class 2 being the type of ebike that you don't have to pedal, just twist a throttle. Like a small, underpowered motorcycle. But, if you've got a knee that's not supposed to be turning a crank, this is what he's gotta do to get around. Really looking forward to when he can get back out on a "real" bike again and we can head back out to the coast. Food at Arcangelli's in Pescadero instead of Coffee and a sandwich at Peet's in Los Altos. Several major climbs instead of a series of "junk" climbs you get when you stay on the bay side of the hill.